



White Pine Nutrition Program Aug-17

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	#104
	Pulled Pork on a Bun Chips Tomato Cucumber Salad Fruit	Beef Stew w/ Veggies Cornbread Fruit	Chicken & Dumplings with Peas Spinach Orange Salad Fruit Cocktail	Shepard's Pie Fresh Spinach Italian Dressing Banana Muffin
7	8	9	#14	#137
Baked Fish Parsley Potatoes Veggies Fruit	Turkey Wrap Lettuce/Tomato Cheese/Cucumber Tomato Soup Fruit	Chicken Fried Steak Mashed Potatoes Veggies Fruit	French Toast Sticks Syrup Bacon Watermelon	BBQ Chicken Sand lettuce/Tomato/Onion Baked Beans Carrot Sticks Pineapple Chunks Dessert
14	15	16	#17	#108
Italian Baked Chicken Rice Pilaf Veggies Fruit	Chef Salad Garlic Bread Fruit	Cheeseburger Lettuce/Tomato/Onion Ranch Beans Cantaloupe	French Dip Coleslaw Steak Fries Fruit	Baked Pork Chop Mashed Sweet Potatoes Green Beans W/W Bread Banana Pudding
21	22	23	#24	#3
Ham Augratin Potatoes Veggies Fruit	Chicken Cordon Bleu Wild Rice & Mushrooms Veggies Fruit	Salisbury Steak Noodles/Gravy Broccoli & Cauliflower Fruit	Lemon Baked Fish Parsley Potatoes Zucchini Pineapple Chunks W/W Roll	Meatloaf Mashed Potatoes Spinach Fruit Cocktail Birthday Cake
28	#106	30	#7	
Chicken Noodle Soup with Carrots & Celery Chicken Salad Sand. Lettuce/Tomato Fruit	Beef Stroganoff over Noodles Baked Squash Orange Spinach Salad Fresh Fruit W/W Roll	Hot Dogs/Bun Carrot/Pineapple Raisin Salad Fruit	Baked Chicken Stuffing/Gravy Peas/Onions Garden Salad Fresh Fruit Mix Cup	



2% Milk served daily

Menu Subject to Change Without Notice

Gravy served with Mashed Potatoes

HOME BOUND PLEASE CALL BEFORE 8:00AM IF YOU WILL NOT BE HOME - 289-2742