



White Pine Nutrition Program

2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 #12 Baked Chicken Tenders Baked Potato Wedges 3 Bean Salad W/W Bread Banana	3 Salisbury Steak Onions/Gravy/Noodles Mixed Veggies Fruit W/W Bread	4 CLOSED 	5 Lemon Baked Fish Rice Pilaf Orange/Spinach Salad Green Beans Fruit	6 #13 Chili Cornbread Mixed Green Salad Buttermilk/Fruit Salad
9 Chicken Pot Pie Broccoli/Califlower Salad Fruit	10 Sloppy Joes W/W Bun Beet Salad Steamed Baby Carrots Fruit	11 #17 Italian Baked Chicken Parsley Noodles Garden Salad Fresh Orange	12 #16 Fish Tacos Frijoles Charros Corn Honey Dew Cantaloupe	13 Herb Baked Pork Roast California Blend Veggie Au gratin Potatoes Fruit Dessert
16 Lentil Soup Grilled Cheese Sand on W/W Bread Fruit	17 #18 Leg Qtr. BBQ Chicken Potato Salad Key West Blend Veggie Watermelon W/W Bread	18 Turkey Mashed Potatoes/Gravy Italian Blend Veggies Fruit	19 #39 Spaghetti/ Meat Sauce Zucchini Colorful Salad Fresh Orange W/W Bread	20 Roast Beef Baked Potato Mixed Veggies Fruit Dessert
23 Chicken Fried Steak Mashed Potatoes/Gravy Mixed Veggies Fruit	24 Taco Salad/Beans W/W Shell Lettuce/Tomato/Onion Steamed Baby Carrots Salsa/Sour Cream Fruit	25 #11 Sweet & Sour Chicken Brown Rice Peas/Carrots Fresh Spinach	26 #11 Baked Pork Chop Mashed Sweet Potato Green Beans Mixed Green Salad Banana W/W Roll	27 Baked Potato with Chili and Cheese Broccoli/Onions Melon Mix Birthday Cake 
30 Salmon Alfredo Sauce Parsley Noodles Colorful Salad Fruit	31 #14 Beef Patty W/W Bun Baked Beans Tomato/Lettuce/Onion Mixed Veggie Cantaloupe			

2% Milk Served Daily

Menu Subject to Change Without Notice

Gravy served with Mashed Potatoes

HOME BOUND PLEASE CALL BEFORE 8:00AM IF YOU WILL NOT BE HOME - 289-2742

