



Mar-18

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Italian Baked Chicken Parsley Potatoes Peas Fruit	2 Salmon Rice Pilaf Key West Veggies Fruit Dessert
5 Lasagna Chopped Spinach Garlic Bread Fresh Orange	#4 6 Chicken Pot Pie Garden Salad Fruit	7 Beef Hot Dogs/Bun Mac Salad with Peas Baby Carrots Fruit	8 Hot Turkey Sand Stuffing/Gravy California Blend Fruit	9 Baked Pork Chop Butternut Squash Layered Salad W/W Bread Banana Dessert
12 Meat Ravioli/Sauce Colorful Salad Garlic Bread Fruit	13 Meat Loaf Mashed Potatoes Steamed Spinach W/W Bread Mixed Fruit	#14 Sub Sandwich Lettuce/Tomato/Onion 3 Bean Salad Fruit	15 Beef Stroganoff over Noodles Squash Orange Spinach Salad Melon Mix	#16 Corn Beef /Cabbage Carrots/Potatoes Biscuit Fruit Cookie
19 Cheese Burger/Bun Lettuce/Tomato/Onion Baked Beans Mixed Veggies Cantaloupe	#20 Spaghetti/Meat Sauce Zucchini Colorful Salad W/W Bread Mandarin Oranges	#3 21 Chicken Enchilada Dish Ranch Beans Mexi-Corn Fruit	22 Roasted Beef Mashed Potato Mixed Veggies Fruit	23 Herb Baked Chicken Mashed Sweet Potatoes Herbed Veggie Medley Fruit Dessert
26 Baked Chicken Tenders Potato Wedges Beet Salad Carrot/Raisin/Pineapple Salad	27 Taco Salad/Beans W/W Shell Lettuce/Tomato/Onion Baby Carrots Salsa/Sour Cream Fruit	28 Chicken Fried Steak Mashed Potatoes Mixed Veggies Fruit	29 Beef Vegetable Soup Tuna Mac Salad W/W Roll Mixed Fruit	#19 30 Lemon Baked Fish Parsley Potatoes Zucchini Garden Salad Cantaloupe Birthday Cake



HOME BOUND PLEASE CALL BEFORE 8AM IF YOU WILL NOT BE HOME - 289-2742



1% Milk Served Daily

Menu Subject to Change
Without Notice

Gravy Served with
Mashed Potatoes